

2009 Spring and Summer Golf / Physiotherapy Programs

The GBC Golf Academy at Gallagher's Canyon is pleased welcome Golf Physiotherapist, Greg Redman will be joining the team. Greg brings a knowledge base and an expertise to the Golf Academy that is second to none. With this new addition, the Academy team at Gallagher's Canyon is now, more than ever, ready to take your game to the next level.

Greg Redman BScPT, BscKin,, Sport Physio Dipl.



Greg is a golf physiotherapist and staff member with the Titleist Performance Institute and FitForeGolf. He is the Head Physiotherapist for the Royal Canadian Golf Association and the Mexican National Golf Team. Greg has been with the Canadian Olympic team in Beijing, Torino and Athens. Greg feels that he is in a unique position to blend his physiotherapy experience with Olympic Champions, with his love and understanding for golf. Greg enjoys helping players particularly those over 50, improve their golf physical limitations so that together with their Golf Professional they can learn an efficient and healthy swing.

For More Information on Greg Redman visit: www.backnine.ca

Individual Health Solution

- One on one with an Academy Instructor and Golf Physiotherapist
- Analysis of 2 swing faults - including cause and effect
- Analysis of physical limitations - as well as a corrective program

1 Session \$150.00
2 Sessions \$270.00

Friends and Couples Health Solution

- Two students with an Academy Instructor and Physiotherapist
- Analysis of 2 swing faults - including cause and effect
- Analysis of physical limitations - as well as a corrective program

1 Session \$100.00 PP
2 Sessions \$185.00 PP

Physical Testing and Correction

- One on one with Canada's Top Golf Physiotherapist
- Golf specific assessment and identification of physical swing limitations
- Report and corrective exercise program included... similar to that of the Pro's ☺

1 Session \$200.00

Healthy Swing Project 3 Sessions @ 1 Hr / Groups of 4 Players

- 4 Students to both an Academy Instructor and Golf Physiotherapist
- Performance Solution - Posture / Alignment / Swing / Putting
- Power and Consistency Solution - Swing Speed / Launch Angle / Contact

1 Series \$155.00 PP

Dates	Day	Men's	Women's	GBC Academy Instructor
June 5, 12, 19	Friday	8:00 AM	9:15 AM	Josh Fleming
June 26, July 3, 10	Friday	9:15 AM	8:00 AM	Russ Latimer
August 7, 14, 28	Friday	8:00 AM	9:15 AM	Josh Fleming

GBC GOLF ACADEMY AT GALLAGHER'S CANYON - "BETTER GOLF BEGINS HERE"

For Further Inquiries or to Register for Programs Contact:
Director of Instruction Josh Fleming at jfleming@golfgbc.com 250.861.4240 / www.golfgbc.com

Notes: Please add 5% GST to all lesson and green fee prices.